

# 56TH FALL FAMILY MEDICINE REVIEW

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**NOVEMBER 2-6, 2009**

*Presented by:*

The Clinical Departments and  
the Office of Continuing Medical Education  
UC Denver School of Medicine

*Sponsored by:*

UC Denver School of Medicine  
Office of Continuing Medical Education

**University of  
Colorado Denver  
School of Medicine**

# THE FAMILY MEDICINE REVIEW COURSE

- Accreditation
- Learning Objectives
- Proposed Performance Measures
- Fees
- Course Syllabus

The Family Medicine Review provides five days of outstanding continuing medical education on recent developments in patient management for Primary Care Physicians, Physician Assistants, Advanced Practice Nurses and Residents. The Family Medicine Review is presented by expert faculty members of the University of Colorado Denver School of Medicine in a format of morning lectures and afternoons of interactive workshops. *The purpose of the Family Medicine Review is to improve knowledge, skills, competency, performance and patient outcomes.*

## ACCREDITATION

The University of Colorado Denver School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Colorado Denver School of Medicine designates this educational activity for a maximum of 32.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is approved for 32.5 credits by the **American Academy of Family Physicians**.

**American Osteopathic Association** credit may be claimed up to 32.5 Category 2A hours.

**AAPA** accepts certificates of participation for educational activities certified for Category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 32.5 hours of Category 1 credit for completing this program.

## LEARNING OBJECTIVES

At the conclusion of the conference, learners should be able to:

1. Implement Evidence-based Prevention Recommendations in practice.
2. Know which patients should have annual screening for Chlamydia trachomatis.
3. Implement an initial treatment regime for newly diagnosed Hypertension.
4. Develop a plan of care that identifies services to be provided for a patient newly diagnosed with Alzheimer's Disease.
5. In an adolescent athlete, know how to evaluate and manage his/her concussion.

## PROPOSED PERFORMANCE MEASURES

- % of adult patients with cognitive impairment or dementia who have had serum B<sub>12</sub> and TSH levels measured (based on the 2001 American Academy of Neurology Practice Parameter on Diagnosis of Dementia)
- % of sexually active females in your practice, aged less than or equal to 25, with annual screening for Chlamydia trachomatis (based upon CDC, 2006 STD Guidelines)
- % of females 13 through 26 years old who are counseled about the HPV vaccine to prevent cervical cancer (based upon Advisory Committee in Immunization Practices, 2006)
- % of persons with a 10 year hip fracture probability greater than or equal to 3% or absolute risk for any major osteoporotic fracture greater than or equal to 20% who initiate treatment. (National Osteoporosis Foundation)

## COURSE SYLLABUS

A comprehensive course syllabus containing outlines and key concepts of the presentations will be provided to each registrant.

## FEES

	Before 9/21/09	After 9/21/09
Physicians	\$625	\$725
NP, PA and RN	\$525	\$625
Residents (with letter)	\$305	\$350

Registration fee includes a \$100 non-refundable administrative charge. No refunds are available for cancellations after October 19, 2009 or for non-attendance.

# SCHEDULE

## MONDAY 11/2

7:00 AM Registration and Continental Breakfast

8:00 AM Welcome

*Ronald S. Gibbs, MD - Professor and Chair, E. Stewart Taylor Professor, Obstetrics and Gynecology, Associate Dean, Office of Continuing Medical Education*  
*Richard D. Krugman, MD - Vice Chancellor of Health Affairs, Dean, School of Medicine, Professor of Pediatrics*

### Ambulatory Medicine

8:30 AM Current Evidence-Based Prevention Recommendations in Practice / *Ned Calonge MD, MPH*

9:15 AM Non Pharmacologic Approaches to Chronic Pain Management / *Venu Akuthota, MD*

10:00 AM Q&A

### Geriatrics

10:15 AM Osteoporosis: Review and What's New / *Micol S. Rothman, MD*

### Ambulatory Medicine

11:00 AM BPH and Beyond / *Shandra S. Wilson, MD*

11:45 AM Q&A

12:00 PM **LUNCH**

### WORKSHOPS

- M1 • H1N1, Pandemics and Preparation / *Connie S. Price, MD*  
M2 • Chronic Pain Studies - Fibromyalgia and Headaches / *Robin B. Slover, MD*  
M3 • Bone Density Measurements: Interpretations and Pitfalls / *Micol S. Rothman, MD*  
M4 • BPH and Beyond / *Shandra S. Wilson, MD*

2:30 PM **BREAK**

2:45 PM **Repeat of Workshops**

4:15 PM ADJOURN

## TUESDAY 11/3

### Women's Health

8:30 AM Cervical Dysplasia - Applying the ASCCP Guidelines / *L. Chesney Thompson, MD*

9:15 AM Managing the Menopausal Symptoms / *Kirsten J. Lund, MD*

10:00 AM Q&A

10:15 AM Caring for the Couple with Sexual Dysfunction / *J. Christopher Carey, MD*

11:00 AM STD Treatment Guidelines / *Ronald S. Gibbs, MD*

11:45 AM Q&A

12:00 PM **LUNCH**

- 1:00 PM **WORKSHOPS**
- T1 • How to Use HPV Typing in Your Practice: Case Studies / *L. Chesney Thompson, MD*
  - T2 • Case Studies in Abnormal Bleeding / *Kirsten Lund, MD*
  - T3 • In Office - Brief Management of Sexual Problems / *J. Christopher Carey, MD*
  - T4 • Case Studies in Ambulatory Maternity Care / *Ronald S. Gibbs, MD*

2:30 PM **BREAK**

2:45 PM **Repeat of Workshops**

### Medicine and American History

4:15 PM Illnesses in United States Presidents in the Twentieth Century: Potential Impact on History / *Robert W. Schrier, MD*

5-6:00 PM **Welcome Reception**

## WEDNESDAY 11/4

9:00 AM The Transformation of CME: Changes to Improve Competency, Performance and Outcomes / *Ronald S. Gibbs, MD*

### Risk Management

10:30 AM Propagation of Error and Practical Solutions in Primary Care / *Susan M. West, RN and a representative from COPIC Insurance*

12:00 PM **LUNCH**

### Sports Medicine

1:00 PM Sports Medicine Approach to Obesity / *John C. Hill, DO*

1:45 PM Ergogenics and Nutrition for Athletes / *Sourav Poddar, MD*

2:30 PM Q&A

2:45 PM Management of Common Running and Cycling Injuries / *John C. Hill, DO*

3:30 PM Current Concepts in the Evaluation and Management of Concussion / *Sourav Poddar, MD*

4:15 PM Q&A

4:30 PM **ADJOURN**

## THURSDAY 11/5

### Childhood and Adolescent Care

8:30 AM Management of Childhood and Adolescent Obesity / *Eric J. Sigel, MD*

9:15 AM Clinical Approaches to Pediatric Gynecology / *Stephen M. Scott, MD*

10:00 AM Q&A

10:15 AM ADHD in a Busy Practice - The Basics / *Steven R. Poole, MD*

### Geriatrics

11:00 AM Alzheimer's Disease and Other Dementias / *C. Alan Anderson, MD*

11:45 AM Q&A

12:00 PM **LUNCH**

- 1:00 PM **WORKSHOPS**
- TH1 • Adolescent Substance Use / *Eric J. Sigel, MD*
  - TH2 • Amenorrhea in the Adolescent / *Stephen M. Scott, MD*
  - TH3 • ADHD in a Busy Practice - The Complete Toolkit and Handling Variations - Case Discussions / *Steven R. Poole, MD*
  - TH4 • Case Studies in Alzheimer's Disease and Other Dementias / *C. Alan Anderson, MD*

2:30 PM **BREAK**

2:45 PM **Repeat of Workshops**

4:15 PM ADJOURN

## FRIDAY 11/6

### *Ambulatory Medicine*

8:30 AM Current Approaches to Hypertension / *Lawrence J. Hergott MD*

### *Emergent/Urgent Care*

9:15 AM Stroke / *Kerry Brega, MD*

10:00 AM Q&A

10:15 AM Best Practices in COPD Management / *Derek Linderman, MD*

### *Ambulatory Medicine*

11:00 AM GI Potpourri / *Stephen R. Freeman, MD*

11:45 AM Q&A

12:00 PM **LUNCH**

1:00 PM **WORKSHOPS**

- F1 • Hyperlipidemia / *Lawrence J. Hergott, MD*
- F2 • Stroke / *Kerry Brega, MD*
- F3 • Pulmonary Sequelae of Cigarette Smoke: COPD and Beyond / *Derek Linderman, MD*
- F4 • GI Potpourri - PUD, IBS and IBD / *Stephen Freeman, MD*

2:30 PM **BREAK**

2:45 PM **Repeat of Workshops**

4:15 PM ADJOURN until 2010



# HOTELS

Conveniently located – Please contact hotels directly.

Double Tree Hotel  
3203 Quebec Street  
Denver, CO 80207  
1-800-222-TREE

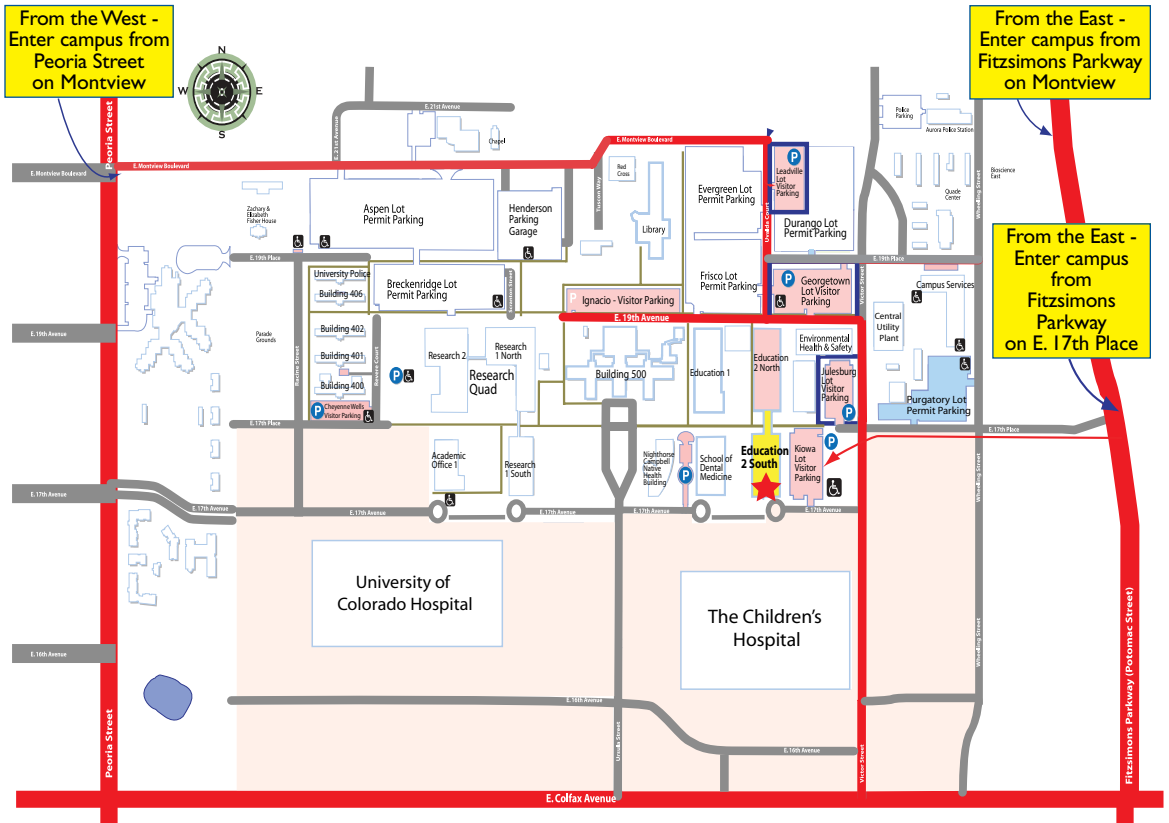
Hilton Garden Inn  
16475 E. 40th Circle  
Aurora, CO 80011  
1-877-Stay-HGI

Marriott  
7415 E. 41st Avenue  
Denver, CO 80216  
888-238-8240

Embassy Suites  
4444 N. Havana Street  
Denver, CO 80239  
1-800-EMBASSY

# VENUE AND PARKING

All sessions will be held in the Education 2 South Building on the Anschutz Medical Campus at 13121 E. 17th Avenue, Aurora, CO 80045. Daily parking is available for \$5.00 in visitor surface lots and in the Georgetown or Kiowa Parking lots. See map links at [www.uchsc.edu/cme](http://www.uchsc.edu/cme).



## FOR MORE INFORMATION CONTACT:

Office of Continuing Medical Education  
University of Colorado Denver  
School of Medicine  
[www.uchsc.edu/cme](http://www.uchsc.edu/cme)  
303-724-3552  
800-882-9153

# SPEAKERS

# SPEAKER TITLE

Venu Akuthota, MD	Associate Professor, Physical Medicine and Rehabilitation
C. Alan Anderson, MD	Professor of Neurology
Ned Calonge MD, MPH	Chair, US Preventive Services Task Force and Chief Medical Officer, Colorado Department of Public Health and Environment; Associate Professor Family Medicine
Kerry Brega, MD	Associate Professor of Neurosurgery
J. Christopher Carey, MD	Professor of Obstetrics and Gynecology; Director of Obstetrics and Gynecology, Denver Health Medical Center
Stephen R. Freeman, MD	Associate Professor of Medicine - Gastroenterology
Ronald S. Gibbs, MD	Professor and Chair, E. Stewart Taylor Professor, Obstetrics and Gynecology; Associate Dean, Office of Continuing Medical Education
Lawrence J. Hergott, MD	Professor of Medicine; Director of Outpatient Clinical Services - The Cardiac and Vascular Center
John C. Hill, DO	Professor of Family Medicine; Director of Primary Care Sports Medicine Fellowship
Richard D. Krugman, MD	Vice Chancellor of Health Affairs; Dean, School of Medicine; Professor of Pediatrics
Derek Linderman, MD	Assistant Professor, Pulmonary Sciences/Critical Care Medicine
Kirsten J. Lund, MD	Associate Professor, Obstetrics and Gynecology, Denver Health Medical Center
Sourav Poddar, MD	Assistant Professor of Family Medicine; Director, Primary Care Sports Medicine Program - Team Physician CU Buffaloes; Consultant San Francisco Giants
Steven R. Poole, MD	Professor of Pediatrics; Community Pediatrics and Epidemiology
Connie S. Price, MD	Chief, Infectious Diseases; Medical Director of Infection Control & Prevention Denver Health Medical Center; Associate Professor, Infectious Diseases, University of Colorado Hospital
Micol S. Rothman, MD	Assistant Professor, Endocrinology Metabolism and Diabetes
Robert W. Schrier, MD	Professor Department of Medicine
Stephen M. Scott, MD	Associate Professor, Obstetrics and Gynecology; Chair Pediatric & Adolescent Gyn, The Children's Hospital
Eric J. Sigel, MD	Associate Professor, Pediatrics; Clinic Director Adolescent Medicine, The Children's Hospital
Robin B. Slover, MD	Associate Professor, Anesthesiology
L. Chesney Thompson, MD	Associate Professor; Chief of General Ob/Gyn; Director Clinical Practice
Susan M. West, RN	Assistant Vice Chancellor, Professional Risk Management
Shandra S. Wilson, MD	Associate Professor, Urology; Director Fellowship Urologic Oncology

*Presenters are faculty of the University of Colorado Denver School of Medicine*

# FAMILY MEDICINE REVIEW REGISTRATION FORM

**Easiest, Fastest – Register online using Visa or MasterCard  
at [www.uchsc.edu/cme](http://www.uchsc.edu/cme)**

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

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## REGISTRATION FEES

	<i>Before September 21, 2009</i>	<i>After September 21, 2009</i>
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## Payment Online at [www.uchsc.edu/cme](http://www.uchsc.edu/cme)

**Or by Mail or Fax 303-724-3557 - Credit Card only (Visa and Mastercard)**

Amount \_\_\_\_\_

Check (made payable to the University of Colorado Denver School of Medicine)

VISA  MasterCard - Card Number: \_\_\_\_\_

Cardholder Name (print) \_\_\_\_\_

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Please indicate if you have any special assistance needs:

### DETACH AND RETURN TO:

Mail Stop C295  
Office of Continuing Medical Education  
University of Colorado Denver  
13001 E. 17th Place  
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