

ROCKY MOUNTAIN METABOLIC SYNDROME SYMPOSIUM

Sponsored by: University of
Colorado School of Medicine Office
of Continuing Medical Education

Supported by: Biovail, Kos, Lilly,
Merck, Pfizer, Sanofi-Aventis
and Takeda

Presented by: The Metabolic
Syndrome Task Force

*This program is part of the Colorado
Statewide Extended Campus. State
funds were not used to develop or
administer this program.*

Friday, April 29, 2005
The Adam's Mark Hotel
Grand Ballroom



ROCKY MOUNTAIN
METABOLIC SYNDROME
SYMPOSIUM

GENERAL INFORMATION

SETTING

Adam's Mark, The Hotel of Denver, 1550 Court Place, Denver, CO 80202, 303-893-3333

From DeLuigi's stunning horses, to the bustle of the nearby 16th street mall, Adam's Mark-Denver welcomes you with remarkable style and luxury. Amenities include a complete fitness center with sauna, weight room, cardiovascular machines and year round heated pool. Visitors may experience three restaurants, two lounges and a



nightclub without even leaving the hotel grounds.

Area Attractions

The hotel is located on the 16th Street Mall, a mile-long pedestrian promenade lined with shops, restaurants and entertainment. Free shuttle buses run its length, providing easy access to all Downtown attractions.

Within walking distance:
Denver Art Museum, Colorado Convention Center, Coors Field, LoDo (Lower Downtown), Paramount Theater, Shops at Tabor Center, Larimer Square, Colorado History Museum, Denver Pavilions Shopping Mall & Many More!

Room Rates

A block of rooms have been reserved at nearly a 50% discount for program participants. The discounted rate is ONLY \$89 per night and is effective for reservations made by March 29th. Beyond this date, rooms will be available on a rate/space-available basis only.

Call 303-893-3333 and be sure to reference the "Rocky Mountain Metabolic Syndrome Symposium" when making reservations.

Transportation

24 miles from DIA. Airport shuttle available every 15 minutes 5am-6pm. Highway access via E/W I-70 and N/S I-25.

TARGET AUDIENCE

This program is designed to benefit physicians, nurse practitioners, physician assistants and clinical pharmacists.

Format

Program sessions integrate the most current scientific and clinical information and incorporate case-based learning methods. A discussion period after each presentation will be used to clarify and debate issues. Participants will also have the opportunity to visit industry exhibits.

Learning Objectives

Upon completion of this program, the participant should be able to:

- Describe the implications of the metabolic syndrome epidemic
- Assess evidence-based weight management interventions such as diet, exercise and pharmacological advances
- Identify and assess current and future treatment options for maintaining tight blood glucose control in the type 2 diabetic
- Evaluate the early introduction of insulin therapy in the treatment of type 2 diabetes
- Explain the most current strategies for the management of insulin resistance
- Integrate into practice the latest guidelines pertaining to the management of hyperlipidemia
- Formulate and integrate an evidence-based approach to the management of hypertension in the diabetic patient
- Discuss optimal diagnosis and treatment of polycystic ovarian syndrome



PROGRAM AGENDA

Friday, April 29, 2005

- 6:30 Registration/Breakfast/Exhibits
- 7:30 **Welcome & Clinical Overview**
Marc Cornier, MD
- 7:45 **Therapeutic Advances for Type 2 Diabetes**
TBD
- 8:45 **Early Insulinization & Type 2 Diabetes**
Jeff Unger, MD
- 9:45 Break/Exhibits
- 10:05 **Management of Atherosclerosis/
Dyslipidemia**
John Messenger, MD
- 11:05 **Management of Hypertension in the
Metabolic Syndrome**
Matthew Weir, MD
- 12:05 Break for Working Lunch/Exhibits
- 12:40 **Cardiovascular Disease in the
Metabolic Syndrome**
Bradley Bale, MD
- 1:40 **Insulin Resistance & the Metabolic Syndrome**
Michael McDermott, MD
- 2:40 Break/Exhibits
- 3:00 **Update on Obesity Interventions**
Holly Wyatt, MD
- 4:00 **Treatment of Polycystic Ovarian Syndrome**
Margaret Wierman, MD
- 5:00 **Closing Remarks**



FACULTY

COURSE DIRECTOR Marc Cornier, MD

Assistant Professor of Medicine
Division of Endocrinology,
Metabolism & Diabetes
University of Colorado
School of Medicine
Director, Exemplar Lutheran
Diabetes Center
Denver, CO

Bradley Bale, MD

Medical Director
Heart Attack Prevention Clinic
Spokane, WA

Michael McDermott, MD

Professor of Medicine
Division of Endocrinology,
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Director, Endocrinology Practice
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Denver, CO

John Messenger, MD

Assistant Professor of Medicine
Division of Cardiology
Director, Cardiac Catheterization
Laboratories
Director, Interventional Cardiology
Training Program
University of Colorado School of Medicine
Denver, CO

Jeff Unger, MD

Assistant Professor of Medicine
Department of Family Medicine
Loma Linda University School of Medicine
Medical Director
Diabetes Intervention Center
Chino, CA

Matthew Weir, MD

Professor of Medicine
Director, Division of Nephrology
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Medical Director, Clinical Research Unit
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Chief, Section of Endocrinology
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Denver, CO

Holly Wyatt, MD

Assistant Professor of Medicine
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Metabolism & Diabetes
University of Colorado School of Medicine
Center for Human Nutrition
Program Director – C.O.R.E.
Denver, CO

Accreditation: The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this educational activity for a maximum of 8.25 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

The University of Colorado School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been accredited for up to 8.25 contact hours (0.825 CEU) and assigned the ACPE number: 008-999-05-016-L01. To receive continuing education credit, participants must submit a completed statement of attendance and pay the registration fee. CE statements of credit will be mailed within 6 weeks.



REGISTRATION INFORMATION & FEES



Early Registration: \$35

Discounted fee for those registered prior to **March 31st, 2005**.

Standard Registration: \$65

Standard fee applies to registrations postmarked after **March 31st, 2005**.

The registration fee includes the program, syllabus, two breaks, continental breakfast and lunch. Parking will not be paid for by the education provider. Refunds are issued only for meetings which are canceled by the education provider.



MS0429

REGISTRATION INFORMATION

(Please print or type)

Name _____ Degree _____

Address _____

City _____ State _____ Zip _____

Phone (_____) _____ Fax (_____) _____

Email _____ Specialty _____

How did you hear about this program? (Please check one) Mail Email Other _____

Complimentary lunch will be served. Do you require a vegetarian meal? (Please check one) Yes No

TWO WAYS TO RESERVE YOUR PLACE

Register Online. Visit www.uchsc.edu/cme and search "Calendar of Events" for "**Rocky Mountain Metabolic Syndrome Symposium**". Click on "Register Now". (When you register on-line, you will receive immediate confirmation.)

Detach & Return Form. Enclose \$35 (prior to 3/31/05) or \$65 (after 3/31/05) check payable to: "CEConsultants, LLC" **OR** Pay by credit card: Visa MC Discover AmEx

Name on card _____ Amount \$ _____

Credit Card No. _____ Exp Date _____ Signature _____

Return form with payment to: **OR** FAX with credit card number
CEConsultants, LLC to: 303-838-8680
10632 Conifer Mountain Rd
Conifer, CO 80433

I have special needs and require accommodation in order to fully participate in this activity. (Someone will contact you to discuss your needs.)

For additional information contact **CEConsultants** at
questions@thececonsultants.com or call **303-838-1035**.