

Metabolic SYNDROME

Rocky Mountain Symposium

Friday, April 21, 2006
The Adam's Mark Hotel
Grand Ballroom

Sponsored by:
University of Colorado School of Medicine
Office of Continuing Medical Education

Presented by:
The Metabolic Syndrome Task Force

*This program is part of the Colorado Statewide
Extended Campus. State funds were not used to
develop or administer this program.*



GENERAL INFORMATION

SETTING

Adam's Mark, The Hotel of Denver, 1550 Court Place, Denver, CO 80202, 303-893-3333

From DeLuigi's stunning horses, to the bustle of the nearby 16th street mall, Adam's Mark-Denver welcomes you with remarkable style and luxury. Amenities include a complete fitness center with sauna, weight room, cardiovascular machines and year round heated pool. Visitors may experience three restaurants, two lounges and a



nightclub without even leaving the hotel grounds.

Area Attractions

The hotel is located on the 16th Street Mall, a mile-long pedestrian promenade lined with shops, restaurants and entertainment. Free shuttle buses run its length, providing easy access to all Downtown attractions.

Within walking distance:
Denver Art Museum, Colorado Convention Center, Coors Field, LoDo (Lower Downtown), Paramount Theater, Shops at Tabor Center, Larimer Square, Colorado History Museum, Denver Pavilions Shopping Mall & Many More!

Room Rates

A block of rooms have been reserved at nearly a 50% discount for program participants. The discounted rate is ONLY \$89 per night and is effective for reservations made by March 28th. Beyond this date, rooms will be available on a rate/space-available basis only.

Call 303-893-3333 and be sure to reference the "Rocky Mountain Metabolic Syndrome Symposium" when making reservations.

Transportation

24 miles from DIA. Airport shuttle available every 15 minutes 5am-6pm. Highway access via E/W I-70 and N/S I-25.

TARGET AUDIENCE

This program is designed to benefit physicians, nurse practitioners, physician assistants and clinical pharmacists.

Format

Program sessions integrate the most current scientific and clinical information and incorporate case-based learning methods. A discussion period after each presentation will be used to clarify and debate issues. Participants will also have the opportunity to visit industry exhibits.

Learning Objectives

Upon completion of this program, the participant should be able to:

- Define the characteristics of the metabolic syndrome epidemic
- Assess and apply current and future treatment options for maintaining tight blood glucose levels in the type 2 diabetic
- Identify the most current strategies for the management of insulin resistance
- Describe and apply the latest guidelines pertaining to the management of atherosclerosis and dyslipidemia
- Describe evidence-based weight management interventions such as diet and pharmacological advances
- Explain the role of insulin therapy in the treatment of type 2 diabetes
- Employ an evidence-based approach to the management of hypertension in the diabetic patient
- Discuss optimal diagnosis and treatment of sleep disorders in the metabolic syndrome patient
- Summarize current strategies for managing complications of diabetic neuropathy

Supported by: Amylin, Boehringer Ingelheim, King, Lilly, Merck, Pfizer, Sanofi-Aventis, Schering and Takeda



PROGRAM AGENDA

Friday, April 21, 2006



FACULTY

COURSE DIRECTOR

Marc Cornier, MD

Assistant Professor of Medicine
Division of Endocrinology,
Metabolism & Diabetes
University of Colorado School of Medicine
Director, Exempla Lutheran Medical Center
Diabetes Center
Denver, CO

Nicola Abate, MD

Associate Professor of Internal Medicine
Division of Endocrinology & Metabolism
The Center for Human Nutrition
Director, UTSW Lipid and Heart Disease
Risk Management Clinic
University of Texas Southwestern Medical
Center at Dallas
Dallas, TX

Andrew Ahmann, MD

Associate Professor of Medicine
Medical Director, OHSU Diabetes Center
Oregon Health & Science University
Portland, OR

Jennifer Hone, MD

Assistant Clinical Professor of Medicine
Division of Endocrinology, Metabolism
& Diabetes
University of Colorado at Denver
and Health Sciences Center
Medical Director, Diabetes Center
Rose Medical Center
Denver, CO

Mori J. Krantz, MD

Assistant Professor of Medicine
Division of Cardiology
University of Colorado School of Medicine
Director, Prevention Department
Colorado Prevention Center
Director, Cardiovascular Risk
Reduction Program
Denver Health Medical Center
Denver, CO

Philip Mehler, MD

Glassman Professor of Internal Medicine
University of Colorado at Denver
and Health Sciences Center
Associate Medical Director
Denver Health Medical Center
Vice President, Colorado Prevention Center
Denver, CO

Steven Smith, MD

Associate Professor of Medicine
Division of Endocrinology
Louisiana State University Health
Sciences Center
Chief, Inpatient Unit
Pennington Biomedical Research Center
Baton Rouge, LA

Marc Treihaft, MD

Clinical Professor of Neurology
University of Colorado at Denver
and Health Sciences Center
Colorado Neurological Institute
Neuromuscular & Peripheral Nerve
Disorders Center
Denver, CO

Kenneth P. Wright, PhD

Assistant Professor
Department of Integrative Physiology
Director, Sleep & Chronobiology Laboratory
University of Colorado
Boulder, CO

6:30 Registration/Breakfast/Exhibits

7:30 **Welcome & The Metabolic Syndrome Controversy**
Marc Cornier, MD

7:45 **Update on Obesity Interventions**
Nicola Abate, MD

8:45 **Lack of Sleep: A Risk Factor for Obesity & Diabetes**
Kenneth P. Wright, PhD

9:45 Break/Exhibits

10:05 **Dyslipidemia in the Metabolic Syndrome: How Aggressive Should We Be?**
Philip Mehler, MD

11:05 **Hypertension Therapy in the Prevention/Treatment of CHF**
Mori J. Krantz, MD

12:05 Break for Lunch/Exhibits

12:40 **An Adipocentric View of the Metabolic Syndrome**
Steven Smith, MD

1:40 **A Practical Approach to Insulin Therapy in Type 2 Diabetes**
Andrew Ahmann, MD

2:40 Break/Exhibits

3:00 **Therapeutic Advances for Type 2 Diabetes**
Jennifer Hone, MD

4:00 **Diabetes Complications: Management of Neuropathic Pain**
Marc Treihaft, MD

5:00 Closing Remarks

Accreditation: The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this educational activity for a maximum of 8.25 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

The University of Colorado School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been accredited for a maximum of 8.25 contact hours and assigned the ACPE number: 008-999-06-009-L01. To receive CPE credit, participants must submit a completed statement of attendance. Statements of credit will be mailed within 6 weeks.



REGISTRATION INFORMATION



& FEES

Early Registration: \$45

Discounted fee for those registered prior to *March 28th, 2006.*

Standard Registration: \$75

Standard fee applies to registrations postmarked after *March 28th, 2006.*

The registration fee includes the program, syllabus, breaks, continental breakfast and lunch. **Parking will NOT be paid for by the education provider.** Refunds are issued only for meetings which are canceled by the education provider.

MS0421

REGISTRATION INFORMATION

(Please print or type)

Name _____ Degree _____

Address _____

City _____ State _____ Zip _____

Phone (_____) _____ Fax (_____) _____

Email _____ Specialty _____

How did you hear about this program? (Please check one) Mail Email Other _____

Complimentary lunch will be served. Do you require a vegetarian meal? (Please check one) Yes No

TWO WAYS TO RESERVE YOUR PLACE

Register Online. Visit www.uchsc.edu/cme and search "Calendar of Events" for "**Rocky Mountain Metabolic Syndrome Symposium**". Click on "Register Now". (When you register on-line, you will receive immediate confirmation.)

Detach & Return Form. Enclose \$45 (prior to 3/28/06) or \$75 (after 3/28/06) check payable to: "CEConsultants, LLC" **OR** Pay by credit card: Visa MC Discover AmEx

Name on card _____ Amount \$ _____

Credit Card No. _____ Exp. Date _____ Signature _____

Return form with payment to:
CEConsultants, LLC
10632 Conifer Mountain Rd
Conifer, CO 80433

OR FAX with credit card number
to: 303-838-8680

I have special needs and require accommodation in order to fully participate in this activity. (Someone will contact you to discuss your needs.)

For additional information contact **CEConsultants** at
questions@thececonsultants.com or call **303-838-1035.**