

# Federal Regulatory Groups for Long-Term Care Facilities

## Resident Rights

F150 Definition of SNF & NF  
 F151 Exercise Rights/Vote/Free of Coercion  
 F152 Rights Exercised by Surrogate  
 F153 Access and/or Copy Clinical Records  
 F154 Informed of Health Status/Med Condition  
 F155 Right to Refuse Treatment/Research  
 F156 Inform of Services/Charges/Lgl Rights/Etc  
 F157 Inform of Accidents/Sig Chnges/Trnsfer/Etc  
 F158 Resident Manage Own Financial Affairs  
 F159 Facility Management of Resident Funds  
 F160 Conveyance Upon Death  
 F161 Surety Bond or Other Assurance  
 F162 Limitation on Charges to Personal Funds  
 F163 Free Choice of Personal Physician  
 F164 Privacy and Confidentiality  
 F165 Voice Grievances without Reprisal  
 F166 Facility Resolves Resident Grievances  
 F167 Survey Results Readily Accessible  
 F168 Receipt of Info/Contact Resident Advocates  
 F169 Right to Work/Refuse to Work for Facility  
 F170 Send/Receive Unopened Mail  
 F171 Access to Stationery, Etc  
 F172 Access and Visitation  
 F173 Ombudsman Access to Clinical Records  
 F174 Access to Telephone with Privacy  
 F175 Right to Share a Room – Married couple  
 F176 Self-administration of Drugs  
 F177 Refusal of Certain Transfers

## Admission, Transfer and Discharge Rights

F201 Reasons for Transfer/Discharge  
 F202 Documentation for Transfer/Discharge  
 F203 Proper Notice Before Transfer/Discharge  
 F204 Orientation For Transfer/Discharge  
 F205 Notice of Bed-hold Policy Upon Transfer  
 F206 Return of Res After Bed-hold Days Expire  
 F207 Fac Establish Equal Access Policies  
 F208 Admission Policies – Cannot Waive 18/19

## Resident Behavior and Facility Practices

F221 Right to be Free from Physical Restraints  
 F222 Right to be Free from Chemical Restraints  
 F223 Right to be Free from Abuse  
 F224 Staff Treatment of Residents  
 F225 Not Employ Persons Guilty of Abuse  
 F226 Facility Policies Prohibit Abuse, Neglect

## Quality of Life

F240 Fac Promotes/Enhances Quality of Life  
 F241 Dignity  
 F242 Self-determination – Res Makes Choices  
 F243 Res Participation in Res/Fam Groups  
 F244 Fac Listens/Responds to Res/Fam Groups  
 F245 Res Participation in Activities  
 F246 Accommodation of Needs & Preferences  
 F247 Notice Before Room/Roommate Change  
 F248 Activity Program Meets Individual Needs  
 F249 Qualifications of Activity Director  
 F250 Medically Related Social Services  
 F251 Qualifications of Social Worker  
 F252 Safe/Clean/Comfortable/Homelike Env  
 F253 Housekeeping & Maintenance Services  
 F254 Clean Linens in Good Condition  
 F255 Private Closet Space in Each Room  
 F256 Adequate & Comfortable Lighting Levels  
 F257 Comfortable & Safe Temperature Levels  
 F258 Comfortable Sound Levels

## Resident Assessment

F271 Phys Orders at Admission  
 F272 Comprehensive Assessments  
 F273 Assessment Freq – No Later than 14 Days  
 F274 Assessment After Sig Change  
 F275 Assessment Every 12 Months  
 F276 Qtrly Review of Assessments  
 F277 Coordinate Assess w/PASRR  
 F278 Accuracy of Assess/Coord w/Professionals  
 F279 Develop Comprehensive Care Plans  
 F280 Develop/Prep/Review of Comp Care Plan  
 F281 Servs Provided Meet Prof Standards  
 F282 Qualified Servs in Accord w/Care Plan  
 F283 Discharge Summary  
 F284 Req for Post-discharge Plan of Care  
 F285 PASRR Requirements for MI & MR  
 F286 Access to 15 months of MDS records  
 F287 MDS Transmission Requirement

## Quality of Care

F309 Nec Care for Highest Prac Well Being  
 F310 ADLs Do Not Decline Unless Unavoidable  
 F311 Res Treatment to Improve/Maintain ADLs  
 F312 ADL Care for Dependent Residents  
 F313 Treatment to Maintain Hearing/Vision  
 F314 Treatment to Prevent/Heal Pressure Sores  
 F315 Res Not Catheterized Unless Unavoidable  
 F317 No Reduction in ROM Unless Unavoidable  
 F318 Range of Motion Treatment & Services  
 F319 Mental/Psychosocial Treatment  
 F320 No Development of Mental Problems  
 F321 No Feeding Tube Unless Unavoidable  
 F322 Proper Care & Services - Feeding Tube  
 F323 Fac Free of Accident Hazards  
 F325 Maintain Nutrit Status/Therapeutic Diet  
 F327 Fac Provides Sufficient Fluid Intake  
 F328 Treatment/Care for Special Care Needs  
 F329 Free From Unnecessary Drugs  
 F332 Medication Error Rates of 5% or More  
 F333 Res Free From Sig Medication Errors  
 F334 Influenza and Pneumococcal Immunization

# Federal Regulatory Groups for Long-Term Care Facilities

**Nursing Services**  
 F353 Sufficient Nursing Staff on 24-hour Basis  
 F354 Use of Charge Nurse & Registered Nurse  
 F356 Nurse Staffing Data Posted

**Dietary Services**  
 F360 Appropriate Diet  
 F361 Employment of Qualified Dietitian  
 F362 Sufficient Support Personnel  
 F363 Menus Meet Needs & Are Followed  
 F364 Food Preparation/Palatable/Temperature  
 F365 Food Form Meets Individual Needs  
 F366 Substitutes of Similar Nutritive Value  
 F367 Therapeutic Diets Prescribed by Phys  
 F368 Frequency of Meals – 14 hours  
 F369 Adaptive Eating Equipment/Utensils  
 F371 Sanitary Food Procure/Prep/Dist/Storage  
 F372 Proper Disposal of Garbage & Refuse  
 F373 Paid Feeding Assistants

**Physician Services**  
 F385 Residents' Care Supervised by Physician  
 F386 Physician Responsibilities During Visits  
 F387 Frequency/Timeliness of Physician Visits  
 F388 Visits by Physician/Phys Assistant/Etc  
 F389 Emergency Physician Services 24 Hr/Day  
 F390 Phys Delegation of Tasks in SNFs/NFs

**Specialized Rehab Services**  
 F406 Fac Provides Specialized Rehab Services  
 F407 Qualifications For Providing Rehab Svcs

**Dental Services**  
 F411 Dental Services in SNFs  
 F412 Dental Services in NFs

**Pharmacy Services**  
 F425 Facility Provides Drugs & Biologicals  
 F428 Drug Regimen Reviewed Monthly  
 F431 Proper Labeling of Drugs & Biologicals

**Infection Control**  
 F441 Infection Control Program  
 F442 Isolation Available When Appropriate  
 F443 Empl w/Comm Disease - No Res Contact  
 F444 Hand Washing  
 F445 Linen Handling to Prevent Infection

**Physical Environment**  
 F454 Fac Designed to Protect Health/Safety  
 F455 Emergency Electrical Power  
 F456 Essential Equipment in Safe Condition  
 F457 No More than Four Residents per Room  
 F458 Rms Sq Ft -  $\geq$  80/res or 100 in private rm  
 F459 Rooms - Access to Exit Corridor  
 F460 Rooms - Assure Visual Privacy  
 F461 Rooms - At least one window to outside  
 F462 Rooms – Toilet and Bathing Facilities  
 F463 Resident Call System  
 F464 Requirements for Dining & Activities  
 F465 Env is Safe/Functional/Sanitary/Comfort  
 F466 Emergency Water Availability  
 F467 Adequate Outside Ventilation  
 F468 Corridors Have Firmly Secured Handrails  
 F469 Maintain Effective Pest Control Program

**Administration**  
 F490 Facility Administered Effectively  
 F491 Licensure Under State / Local Laws  
 F492 Fed/State/Local Laws/Prof Standards  
 F493 Gov Body Appoints Admin/Mgs Facility  
 F494 Nurse Aide Training/Competency  
 F495 Comp Nurse Aides Worked < 4 Mo  
 F496 Nurse Aide Registry Verification  
 F497 Regular Perf Rev/Inservice Education  
 F498 Proficiency of Nurse Aides  
 F499 Facility Employ Qualified Prof Staff  
 F500 Use of Outside Professional Resources  
 F501 Responsibilities of Medical Director  
 F502 Fac Obtains/Provides Lab Services  
 F503 Laboratory Services Provided by Fac  
 F504 Laboratory Services Only When Ordered  
 F505 Phys Promptly Notified of Lab Results  
 F506 Fac Assists Res in Transport to Lab  
 F507 Lab Reports Filed in Clinical Record  
 F508 Fac Provides/Obtains Radiology Svcs  
 F509 Radiology Services Meet Requirements  
 F510 Radiology/Diag Svcs When Ordered  
 F511 Prmptly Notify Phys of Rad/Oth Findings  
 F512 Assist Res in Transport for Radiology  
 F513 Reports of Xrays/Diag Svcs Filed in Rec  
 F514 Clinical Records Meet Prof Standards  
 F515 Retention of Clinical Records  
 F516 Fac Safeguards Clinical Records  
 F517 Plans to Meet Emergencies/Disasters  
 F518 Train Employees, Emergency Proc/Drills  
 F519 Transfer Agreement w/Hospital  
 F520 Fac Maintains QA Committee  
 F522 Disclosure of Ownership Requirements