

SAVE THE DATE

Obesity Prevention in Latino Communities: A Region VIII Videoconference

Tuesday, June 28, 2005
8:00 am – noon (Mountain Standard Time)

Topics to include:

- *Overview of the Data*
- *Cultural Eating Practices*
- *Breastfeeding*
- *Cultural and Behavioral Interventions*
- *Secondary Prevention*

Conference objectives -- At the end of the session participants will be able to:

- *Describe the prevalence of obesity and associated risk factors in Latino communities*
- *Identify the role of food in US and Latino culture.*
- *State how breastfeeding can prevent childhood obesity.*
- *Identify cultural and behavioral methods for intervening with Latino families to prevent obesity, heart disease, diabetes and other risk factors.*

Intended audience:

- *Healthcare professionals*
- *Community-based health advocates*
- *Health policy staff.*

Videoconference sites will be available throughout

- Colorado
- North Dakota
- Utah
- Montana
- South Dakota
- Wyoming

For more information: watch for updated information at www.larasa.org. or contact gailb@mt.net. Please include "Obesity Prevention" in the subject line.

Pre-registration and site selection will be required by June 17. Go to www.larasa.org after April 15 to locate the site nearest you. There will be no charge for the videoconference for pre-registered attendees. Continuing Education credits are being applied for and certificates of completion will be available upon request.