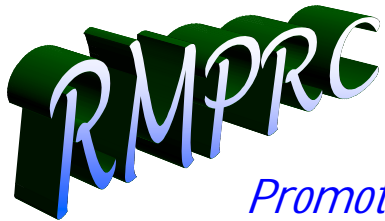




Join an effort to create a healthy school environment for the future of our children!!!!



Promoting Healthy Lifestyles!

School Environment Project Steering Committee

The steering committee provides oversight and direction to the project. Members meet with the RMPRC staff on a regular basis to help make decisions pertaining to the overall study goals.

Members:

- Rachel Brown Bill Metz
- Marcella Garcia Guadalupe Elementary
- Vivian Gallegos Costilla Cty Public Health
- Michelle Hashbarger Moffat Elementary
- Carol Keith Sargent Schools
- Mark Lara North Conejos Schools
- Jerry LeBlanc Del Norte Elementary
- John Naranjo Marsh Elementary
- Julie Schrader Del Norte Elementary
- John Tillman SLV BOCS

RMPRC Staff:

- Elaine Belansky Lead Investigator
- Robert Chavez Project Manager
- Terry Uyeki Evaluation Coordinator

San Luis Valley School Environment Project



Rocky Mountain Prevention Research Center

204 Carson Avenue
Alamosa, Colorado 81101

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How are children today doing at leading healthy lifestyles?

- Less than 15% of school children eat the recommended number of servings of fruits and vegetables.
- 35% of kids are not getting the recommended amount of daily physical activity.
- As a result of unhealthy eating and physical in-activity childhood obesity is on the rise. This is leading to earlier onset of chronic health problems like heart disease and diabetes.



What can schools do about it?

- Get involved in a project that is studying innovative ways to help schools create a healthier school environment.
- Get administration, staff and parents involved.

What does the project involve?

- Participating schools will identify administration, teachers, food service staff, P.E. staff, and parents to serve on a task force. Each task force will work together using a planning process that will help identify needs, set goals and implement strategies that support and create a healthier school environments.
- Schools will be asked to take part in non-invasive data collection one time per year.

Project Timeline:

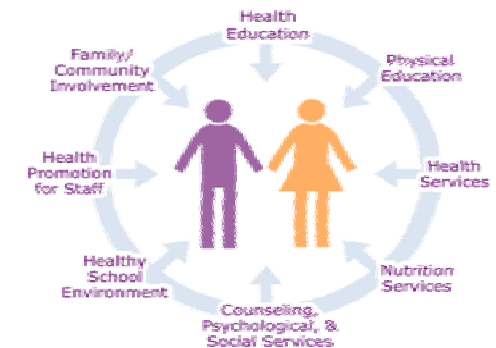
2005-2006: Recruit schools collect baseline data , identify task forces, begin planning process in schools

2006-2008: Collect follow-up data and work with schools on funding acquisition

What is the benefit of participating in the School Environment Project?

- Schools will work alongside a research team to plan for a healthier school environment.
- Schools will be monetarily compensated for their effort and participation.
- The Rocky Mountain Prevention Research Center will work closely with schools who participate and assist them in applying for grants geared at improving school environments.

*Schools can not do this alone.
Together we can make a difference!*



Coordinated School Health Model